

Respiratory Plan of Care

Problem
Expected Outcome
Plan of Care

Hypoxemia
Normalize SpO₂/PaO₂
Supplemental Oxygen
Incentive Spirometry
CPAP/BIPAP

Problem
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Plan of Care

Retained Secretions
Mobilization of Secretions
Deep Breathing and Coughing
Incentive Spirometry
Cool or Heated Aerosol
Suctioning (NTS/ETS)
Bronchodilator Therapy
Mucolytics
IPPB//IPV
In/Exsufflator
EzPAP
PD&P // CPT

Problem
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Airflow Limitation // Bronchospasm // Airway Inflammation
Normal Airflow
Bronchodilator Therapy
Corticosteroids (Anti-inflammatory)
IPPB // IPV
Monitor Intrinsic PEEP
NTS
Optimize FiO₂ // Oxygenation
Heliox Mixture

Problem
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Neuromuscular Weakness
Prevention of Pulmonary Compromise
Monitor Respiratory Mechanics (NIF, VC)
IPPB // IPV
In/Exsufflator
Abdominal Thrusts

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Nocturnal Desaturation
Acceptable SpO₂
Nocturnal Supplemental Oxygen
CPAP

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Inability to Protect Airway
Maintain Patent Airway
Patient Positioning (30 degrees, semi-fowlers)
OPA // Nasopharyngeal Airway
Endotracheal Intubation – maintenance
Tracheostomy – maintenance

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Hemodynamic Instability
Decrease Cardiac Workload
Supplemental Oxygen
Provide Ventilatory Support